



Reality Adventure Works in Scotland Ltd.

Dean House 65 Kirkintilloch Road Lenzie Glasgow G66 4LD

Camp Information for Parents/ Carers and Social Workers

- 1 This is a short information leaflet to give you a clear structure of the level of care, policies, procedures and responsibility that Reality Adventure Works Scotland Ltd provides for a young person while they are away on a summer camp:

Reality Adventure Works:

2. **Camp Structure:** Camp is extremely structured so that the young people are kept safe and feel that they are in a safe environment. A typical day is as follows:
 1. Wake up: 7.30am
 2. Breakfast: 8am
 3. Bank and Tuck shop: 9 - 9.15am
 4. 1st Activity: 9.30am - 12.30pm
 5. Lunch: 1pm - 2pm
 6. Second activity: 2.15pm - 5.30pm
 7. Dinner: 6pm - 7pm
 8. TTI: 7.15pm - 7.45/ 8pm
 9. Evening activity: 8pm - 9.30pm
 10. Supper: 9.30pm
 11. Bed time: 10pm
 12. Lights Out: 10.30pm - 11pm
3. **Cleanliness:** Since we are not a social care organisation we do not provide physical care to a young person; this is in terms of showering, personal grooming, eating, help in going to the toilet or standing over them to brush their teeth. We only direct them wash and brush their teeth, if a young person refuses to we will attempt to negotiate with them to do as we ask, but we will not force them into it as it is against our policy, their children's rights and would be seen as a Child Protection Issue.
4. **Getting up in the morning:** Similarly to cleanliness, the young people are woken up by a tannoy at 7.30am and have 30 minutes to get showered and ready for breakfast at 8am. There are two volunteers to encourage them to get up. If a young person refuses to get out of bed volunteers are not allowed under Child Protection Policy to physically assist them out of bed. Therefore we will exhaust all lines of relationship and negotiation before we consider contacting their social work department in order to have them picked up and taken home. It is made aware to a young person on the pre-camp home visit by signing a contract and reading the camp motto that taking part and being a team player is what camp is all about. If they are not willing to cooperate then they will be sent home.

- 5. Responsibility for Clothing:** Please be aware that a young person should not bring clothing of value to camp, but also, that you make them aware of the responsibility of keeping their clothes either in their bag or in drawers provided in their dorms throughout the 5 days so that they do not go missing. If a young person does not claim their clothes at the end of camp when items are presented to the group prior to leaving the centre, the outdoor centre will bag the clothes and give them to charity. **We will not replace lost clothing.**

If you feel that the young person you care for will have difficulty in keeping track of their clothing, then please take note of the following suggestions.

1. Clearly label ALL clothes with the young person's name
2. Provide a checklist of items the young person has taken on camp that can be referred to when he or she is packing

- 6. Outdoor Centres:** We use Abernethy Trust's 3 main outdoor centres; Ardeonig at Loch Tay, Ardgour near Fort William and Barcaple in the Borders and for weekend camps Compass Christian Centre at Glenshee. They have a responsibility for the young people's health and safety up to the age of 16 while they are on outdoor activities. Both organisations are Professionally registered and provide the highest standard of outdoor instruction, equipment and outdoor clothing. Please refer to their websites for more information on their policies and procedures:

Abernethy Trust: <http://www.abernethytrust.org.uk/tmenu/home.asp>

Compass Christian Centre: <http://www.compasschristian.co.uk>

- 7. Complaints Procedure for a young person:** Young people are made aware at the beginning of camp that they can make a complaint if they feel their Children's Rights are being mishandled.

- a. If a young person has a complaint about the quality of food or accommodation then they should bring it up with their camp leaders who will in turn bring it up with centre staff to have it resolved.
- b. If the young person has a complaint against a volunteer then again they must approach their Camp Leaders and they will speak to the young person and volunteer separately and mediate a resolution between them. If the young person feels that it hasn't been resolved then they can lodge an official complaint in writing.
- c. If the complaint is one of abuse, then the volunteer will be sent home and a Child Protection Investigation will be set up by the Trustees of Reality. It is Reality's intention to have issues resolved quickly, confidentially and to everyone's satisfaction.

- 8.** If you would like to read more about all of our policies and procedures in more depth please go to: http://www.rawscotland.org.uk/reality_realitypolicy.htm